# RETURNS TO HOMELESSNESS AMONG VETERANS

The number of homeless Veterans is continuing to decline, showing a 55% decrease between 2009 and 2022. What this number doesn't represent is the Veterans who end up returning to homelessness after obtaining permanent housing through a VA homeless program.

There are countless reasons that a Veteran returns to homelessness: losing income, using their limited resources to care for a friend or family member, or experiencing high medical costs themselves, to name a few. Though these Veterans may have initially found a permanent housing situation, they may find themselves needing to reengage with VA homeless programs.

# **555%** decrease in homeless Veterans between 2009 and 2022

#### RESEARCH

Research on Veterans who return to homelessness is limited. The few VA studies that exist show that drug use and post-traumatic stress disorder (PTSD) are risk factors.

Similarly, non-VA studies find that substance abuse is a major risk factor for returns to homelessness. There is also indirect evidence showing that a history of poverty and repeated homelessness are also important risk factors.



### **KEY TAKEAWAYS**

VA data from 2018 through 2022 revealed significant differences between Veterans who do and do not return to homelessness.

Veterans who returned to homelessness were:

38% more likely to have a diagnosis of drug use disorder 18% 16% more likely more likely to be black to be unmarried

More likely to have no VA service-connected disability

More likely to be less engaged in VA outpatient care and more engaged in VA acute care

## CONCLUSION

VA outreach and patient care providers can use this data to focus on Veterans who are most at risk for returning to homelessness and offer services to support them on their way to finding the permanent housing they deserve.



