

Will you be **PREGNANT** this flu season?

Doctors recommend that you get a **FLU SHOT**.

Being pregnant increases your risk
of getting very sick from the flu.
Stay healthy during your pregnancy.
Get vaccinated.



STUDIES SHOW THAT THE FLU SHOT IS SAFE FOR PREGNANT WOMEN.



Department of
Veterans Affairs



Department of Health and
Human Services
Centers for Disease Control
and Prevention



www.publichealth.va.gov/InfectionDontPassItOn