

SHOULD you get a flu shot?

YES! EVERYONE SHOULD PROTECT THEMSELVES FROM THE FLU, ESPECIALLY:

- ✓ adults aged 50 and older
- ✓ anyone who lives in community living centers
- ✓ anyone with ongoing health problems
- ✓ children aged 6 months through 18 years
- ✓ women who will be pregnant during flu season
- ✓ healthcare workers and caregivers, including household contacts

Get your flu shot. It is fast, safe, and free.

GET YOUR FLU SHOT HERE:



www.publichealth.va.gov/InfectionDontPassItOn

 Department of Veterans Affairs