



Think a flu shot can give you the flu?

**Think again.** The flu shot contains no live virus, so it cannot give you the flu.

People with spinal cord injuries and disorders are at higher risk for complications from the flu.

Get your flu shot today.

GET YOUR FLU SHOT HERE:



[www.publichealth.va.gov/InfectionDontPassItOn](http://www.publichealth.va.gov/InfectionDontPassItOn)

