

Register for Your

VA Personal Health Record (PHR):

- 1 Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA's My HealthVet website.
- 2 On the right-hand side of the screen, click the **Register Today** button. Complete the registration page, and review and accept the Terms & Conditions and the Privacy Policy for using the My HealthVet website.
- 3 Log into your My HealthVet account and begin to create your PHR.
- 4 Begin using My HealthVet to access VA health care and services at your convenience to better manage your health. Also, if you are a VA patient, take some time to watch the In-Person Authentication (IPA) video online.
- 5 Bookmark www.myhealth.va.gov as a favorite and make a note, if you are a VA patient, to get an upgraded account during your next VA clinic visit to get the most out of your PHR.

Is an Upgraded Account, or IPA for me?

Yes, if you want:

- to see the names of VA prescriptions, not just the numbers
- get VA Wellness Reminders
- be the first to access all new My HealthVet features that will enhance your Personal Health Record.

Ask about IPA at your local VA facility.



My Health, My Care: 24/7 ^{Online} Access to VA

Links on the Homepage



In Case of Emergency

A convenient electronic log where you can record your emergency contacts.



VA Prescription Refills

Just a few keystrokes and your medication is on its way to your doorstep.



Medical Libraries

Access two extensive online medical libraries: MedlinePlus® and Healthwise®



Physicians & Providers

Keep track of all your health care providers in one convenient location.



Vitals

Monitor and graph numerous health statistics online, such as blood pressure and blood sugar.



Military Health History

Keep track of all your military health information.



VA Honors

Read about VA news and features on Veterans.

Online Prescription Refill



Veterans Most Requested
Online Service

Veterans Health Administration
Office of Health Information (19)
www.va.gov

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Veterans Health Administration
Office of Health Information

Refills Without the Wait
Online at
www.myhealth.va.gov

Empowering
Improving Health Outcomes
Veterans
24/7 Access
to VA Information

VA Prescription Refills Online

Using the Refill Prescriptions Option, You Can:

- ★ View your active VA prescriptions
 - ★ Select an active prescription to be refilled
 - ★ Have the refills delivered to your home
 - ★ Check the status of a refill order anytime, anywhere there is internet access
 - ★ View the names of your VA medications as well as the prescription numbers once you register as a VA patient on My HealthVet and complete the one time In-Person Authentication (IPA) process
- Note: You will only see the VA prescription numbers until you complete the one-time IPA process at your local VA facility.*

All prescription refills ordered through My HealthVet are delivered by VA's Consolidated Mail Outpatient Pharmacy within 5 to 10 business days.

Refill My VA Prescriptions:

Refill your VA medications anywhere, anytime there is Internet access

Prescription Refill History:

See all the VA medications you refilled using My HealthVet

My VA Medications & Supplements List:

Self-enter and track all of your non-VA medications, herbals, vitamins and supplements in one safe, secure, and convenient location

My VA Medication List:

View all medications, prescriptions, and supplements from your records at VA Medical Centers

How to find the My HealthVet

Prescription Refill

Log onto to: www.myhealth.va.gov

Click on:



Log into your My HealthVet account. If you do not have an account, you will need to register to access the Pharmacy features.

Once logged into My HealthVet, click on Pharmacy or Prescription Refills!

Log on to
www.myhealth.va.gov
today and find out more about:

Healthy Living Centers

- ★ Medications: Play it Safe!
 - ★ Healthy Eating and Physical Activity
 - ★ Separation from Active Duty
- ...and much more!**

Tracking Tools and Journals

- ★ Keep track of your blood pressure, cholesterol, blood sugar, weight, etc.
 - ★ Monitor your activities and food intake with secure on-line journals
 - ★ Record and update your health history, as well as your family's
 - ★ Record and maintain your Military Health History
- ...and much more!**

Begin your own secure electronic Personal Health Record that can last a lifetime! It's easy, free, and accessible to you 24/7.