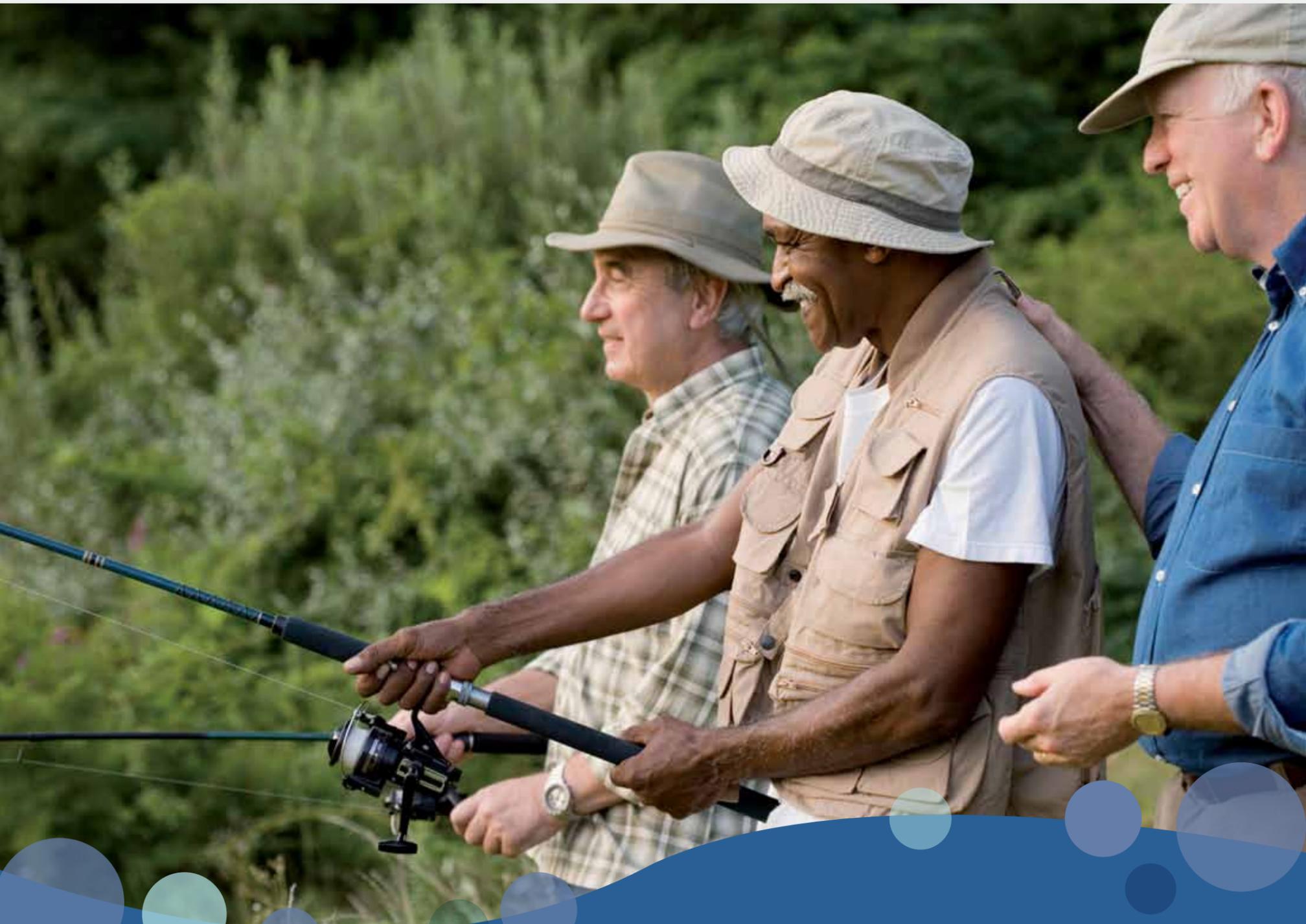


# IT'S NEVER TOO LATE

SO QUIT TODAY AND CELEBRATE MORE



If you have been telling yourself that the damage has been done and it's too late to quit smoking---you're wrong.

You can reduce your risk of illness by quitting at any age and you will breath easier and feel better.

Talk to your VA health care provider today about getting help with quitting smoking.

It's never too late to quit smoking and VA can help.