

Independent Living Skills Activity Assessment Chart For the Person with MS

(Place an X in the boxes that identifies your level of support needed for these activities)

ACTIVITY	INDEPENDENT	NEED MORE TIME	NEED TO USE EQUIPMENT	SOMETIMES NEED HELP	ALWAYS NEED SOME HELP
Cooking/fixing meals					
Cleaning the house					
Driving a vehicle					
Doing the laundry					
Taking out the garbage					
Using the telephone					
Managing money and financial matters					
Grocery shopping					
Managing medications					
Exercising					
Participating in hobbies					
Medical appointments					
House repairs and maintenance					
Recreation					
Companionship					
Other:					
Other:					
Other:					

COMMENTS:

QUESTIONS: