

VA MS E-NEWSLETTER CENTERS OF FOR VETERANS EXCELLENCE WITH MS

Our quarterly MS Veteran electronic newsletter covers a variety of topics important to Veterans living their best lives with multiple sclerosis. Subscribe to the electronic newsletter to learn about

- Veterans living well with MS,
- VA research,
- symptom management,
- complementary and alternative therapies,
- disease modifying therapies,
- healthy living and whole health,
- rehabilitation services, and
- VA benefits and resources.



To receive this important newsletter please follow the directions below.

1. Go to www.va.gov/MS.
2. In the navigation pane on the left side of the home page screen, click on the grey box that text that says "Sign up for Veteran Newsletter!".
3. Once on the new webpage, click on the blue text "Subscribe" and enter your e-mail address when prompted.
4. Click on the button that says "Submit".

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