

# VA MS CENTERS OF EXCELLENCE RESOURCES FOR VETERANS WITH MULTIPLE SCLEROSIS

## VETERAN AFFAIRS & GOVERNMENT ORGANIZATIONS

**ClinicalTrials.gov:** A registry and results database of publicly and privately supported clinical studies of human participants conducted around the world. Searchable by disease and location. ([clinicaltrials.gov](https://clinicaltrials.gov))

**National Resource Directory:** A searchable database of resources vetted for Service members, Veterans, family members, and caregivers. ([nrd.gov](https://nrd.gov))

**VA Caregiver Support Program:** Offers clinical services to caregivers of eligible and covered Veterans enrolled in the VA HCS, as well as education, resources, and support to all caregivers. The program's mission is to promote the health and well-being of family caregivers who care for our Nation's Veterans, through education, resources, support, and services. ([caregiver.va.gov](https://caregiver.va.gov))

**VA MS Centers of Excellence:** Dedicated to furthering the understanding of MS, its impact on Veterans, and effective treatments to help manage MS. MSCoE strives to minimize impairment and maximize quality of life for Veterans with MS. ([va.gov/MS](https://va.gov/MS))

**VA Whole Health:** VA's approach to care that supports your health and well-being. Whole Health centers around what matters to you, not what is the matter with you. This means your health team will get to know you as a person, before working with you to develop a personalized health plan. ([va.gov/wholehealth](https://va.gov/wholehealth))

## VETERAN ADVOCACY ORGANIZATIONS

**Disabled American Veterans:** Empowers our nation's heroes and their families by helping to provide the resources they need and ensuring our nation keeps the promises made to them. ([dav.org](https://dav.org))

**Give an Hour:** Provides free mental health services to Veterans, service members, and families affected by their time of service. ([giveanhour.org](https://giveanhour.org))

**National Veterans Legal Services Program:** Ensures that the government delivers to Veterans the benefits to which they are entitled because of disabilities resulting from their military service to our country. ([nvlsp.org](https://nvlsp.org))

**Paralyzed Veterans of America:** Has a unique expertise on a wide variety of issues involving the special needs of Veterans of the armed forces who have experienced spinal cord injury or dysfunction. ([pva.org](https://pva.org))

**Psych/Armor:** Offers critical resources to Americans so they can effectively engage with and support military service members, Veterans, and their families. ([psycharmor.org](https://psycharmor.org))

**The Mission Continues:** Empowers Veterans who are adjusting to life at home to find purpose through community impact. Deploys Veterans on new missions in their communities, so that their actions will inspire future generations to serve. ([missioncontinues.org](https://missioncontinues.org))

**Veterans of Foreign Wars:** Ensures that Veterans receive their earned entitlements and are recognized for the sacrifices they and their loved ones have made on behalf of this great country. ([vfw.org](https://vfw.org))

**Wounded Warrior Project:** Honors and empowers Wounded Warriors who incurred a physical or mental injury, illnesses, or wound, co-incident to your military service. ([woundedwarriorproject.org](https://woundedwarriorproject.org))

## MS ADVOCACY ORGANIZATIONS

**ActiveMSers:** Designed to help, motivate, and inspire those with MS to stay as active as possible—physically, intellectually, and socially—regardless of physical limitations. ([activemsters.org](http://activemsters.org))

**Can Do MS:** Transforms lives by delivering health and wellness education programs on exercise, nutrition, symptom management, and motivation to help families with MS thrive. ([cando-ms.org](http://cando-ms.org))

**MS Association of America:** A national, nonprofit organization that provides ongoing support and direct services to individuals with MS, their families, and their care partners. ([mymsaa.org](http://mymsaa.org))

**MS Foundation:** A service-based organization that strives to serve people with MS in a spirit of empathy, providing resources and assistance to their families and providers. Their Helpline and Chat service provides access to experienced specialists who have a social services background. ([msfocus.org](http://msfocus.org))

**MS Views and News:** Dedicated to the global collection and distribution of information concerning MS. Provides education, advocacy, and service to enhance quality of life of the MS community. ([msviews.org](http://msviews.org))

**MSWorld:** Managed by volunteers, all diagnosed with MS, they provide online support and information to people living with MS. They are the official chat and message board provider for the National MS Society, and they also sponsor a Veterans chat room. ([msworld.org](http://msworld.org))

**My MS Toolkit:** A web-based, self-guided, symptom self-management program specifically for people living with MS symptoms. ([mymstoolkit.com](http://mymstoolkit.com))

**National MS Society:** Houses the most comprehensive library of MS information in the world. Their MS Navigators can help identify solutions and provide access to resources you are looking for while their Peer Connections program lets you connect with others living with MS. ([nationalmssociety.org](http://nationalmssociety.org))

**Overcoming MS:** Educates people effected by MS about the benefits of a preventive medicine approach to MS management. Empowers people with MS by providing them with tools and resources to make sustainable diet and lifestyle changes that improve health and enable recovery. ([overcomingms.org](http://overcomingms.org))

## DISABILITY ADVOCACY ORGANIZATIONS

**Center for Medicare Advocacy:** Provides education, advocacy, and legal assistance to help older people and people with disabilities obtain fair access to Medicare and quality health care. ([medicareadvocacy.org](http://medicareadvocacy.org))

**United Spinal Association:** Dedicated to enhancing the lives of all individuals with SCI/D by ensuring quality health care, promoting research, advocating for civil rights and independence, educating the public about these issues, and enlisting its help to achieve these fundamental goals. ([unitedspinal.org](http://unitedspinal.org))

## OTHER

**Family Caregiver Alliance:** Free caregiver education, reports, fact sheets, newsletter, support groups, and care advise for families and caregivers. Includes a “Family Care Navigator” to assist in locating resources across the country. ([caregiver.org](http://caregiver.org))

**Neurology Care:** Provides detailed information about many different forms of lifestyle and alternative medicine. This information is meant to assist people in evaluating these therapies. ([neurologycare.net/cam](http://neurologycare.net/cam))



U.S. Department of Veterans Affairs

Veterans Health Administration  
Multiple Sclerosis Centers of Excellence