

# DO YOU HAVE HIV AND SMOKE?



People with HIV who smoke are more likely to suffer from heart disease, lung disease, cancer, pneumonia, and opportunistic infections than those who don't smoke.

If you smoke, your HIV medications will not work as well.

People with HIV who smoke while taking antiviral therapy have lower CD4 counts and higher viral loads than those who don't smoke.

Live longer and healthier. Quit smoking today. It matters.

Want help quitting? Talk to your VA health care provider today.