

# Update Your Personal Information with the U.S. Department of Defense (DoD) and the U.S. Department of Veteran Affairs (VA)

VA and DoD participate in electronic health information exchange (eHIE), which gives your health care providers a more complete view of your health record and enables them to make more informed treatment decisions. You can help ensure your VA, DoD, and non-VA health records will be linked to you when electronically shared by keeping your name, address, and phone number current. This helps to support care coordination between your VA and non-VA providers.

VA only shares your electronic health information with participating health care providers. You can find participating non-VA partners and providers at [https://www.va.gov/VHIE/VHIE\\_Participating\\_Partners.asp](https://www.va.gov/VHIE/VHIE_Participating_Partners.asp). More information about VHIE and eHIE is also available at <https://www.va.gov/VHIE/docs/ElectronicHealthInformationExchangeFactSheet.pdf>.

## How to Update Your Information

### DoD

#### ONLINE

Visit the **DMDC milConnect website** at <https://milconnect.dmdc.osd.mil/milconnect/>.

A Common Access Card (CAC), DFAS Pin, or DoD Self-Service Log on (DS Logon) is required to access milConnect.

Click on the "Sign-Up Now" button on the righthand side of the screen to find out more about obtaining a DS Logon ID.

Access your profile to update your mailing address, email address, and phone numbers online.

#### BY PHONE

Call the Defense Manpower Data Center (DMDC) Support Office at **1-800-538-9552** to review what is on record and steps needed to update your information.

The DMDC is open Monday through Friday, 8 a.m. to 8 p.m. ET (5 a.m. to 5 p.m. PT) and closed on federal holidays. Additional information about contacting the Defense Enrollment Eligibility Reporting System (DEERS) and name changes can be found at <https://www.va.gov/resources/how-do-i-change-my-name-in-my-deers-record/>.

Depending on your relationship with the DoD and the branch of service you served, you may be advised to provide information by mail, or asked to contact the nearest military ID card issuing facility. Find the closest facility at <https://idco.dmdc.osd.mil/idco/locator>.

#### BY MAIL

Provide requested changes to the following address:

**Defense Manpower Data Center  
Support Office**

**Attn: COA  
400 Gigling Road  
Seaside, CA 93955-6771**

### VA

#### ONLINE

To update your address, sign in or create an account at <https://www.va.gov/resources/change-your-address-on-file-with-va/>.

For more information on how to update your name, please visit <https://www.va.gov/resources/how-to-change-your-legal-name-on-file-with-va/>.

#### BY PHONE

Call **1-877-222-VETS (8387)** and **press 1** for **Eligibility** to ask how you can update your name, address, and/or phone number.

#### BY MAIL

To change your address, download, complete, and sign/date a copy of **VA Form 10-10EZR**: <https://www.va.gov/find-forms/about-form-10-10ezr/>.

Send the completed form and any supporting documents to the following address:

**VA Health Eligibility Center  
2957 Clairmont Road, Suite 200  
Atlanta, GA 30329**

#### IN PERSON

Visit the **Enrollment Coordinator** at your local VA health care facility with a valid form of identification and supporting documents.

Visit or call a National or State Veterans Service Organization office near you.

#### VETERANS HEALTH INFORMATION EXCHANGE (VHIE) PROGRAM OFFICE

Informational Line: 1-877-771-8537  
Email: [VHAVHIEPublicAffairs@va.gov](mailto:VHAVHIEPublicAffairs@va.gov)



U.S. Department  
of Veterans Affairs