

FLEXABLE-SIGMOIDOSCOPY (without anesthesia)

Follow these instructions to prep for your procedure.
Tulsa VA Endoscopy Clinic M-F 0700-1530 (918) 252-8000 ext 29042 or 29043

If you have had cardiac stents placed within the last 12 months please call our clinic.

7 DAYS BEFORE YOUR PROCEDURE

STOP taking these **blood thinners**: EFFIENT (Prasugrel); Brilinta (ticagrelor); PLAVIX (Clopidogrel).

5 DAYS BEFORE YOUR PROCEDURE:

STOP taking **blood thinners**: WARFARIN (Coumadin); Aspirin; and NSAIDs such as: Ibuprofen; Advil; Naproxen; Meloxicam; Diclofenac.

STOP taking FISH OIL, FIBER, IRON, NUTS, AND SEEDS.

2 DAYS BEFORE YOUR PROCEDURE:

STOP taking **blood thinners**: Pradaxa (dabigatran); Xarelto (rivaroxaban); Eliquis (apixaban).

THE MORNING OF YOUR PROCEDURE:

You may have **ONLY** clear liquids up to one (1) hour before your procedure, then nothing by mouth until after your procedure.

Take your normally prescribed meds as directed, **EXCEPT** those listed above.

Administer your **Fleets Enema** at home 1 to 1.5 hours prior to departure.