

did you know...

**exposure to cigarette smoke
is harmful to kids?**



September 2008
*Kids who grow up around cigarette smoke are more likely
to have respiratory illnesses, bronchitis, ear infections,
pneumonia, and chronic cough than kids who don't.*

*If you smoke, **quit** for the health of your kids or your grandkids.*

**Want help quitting smoking?
Talk to your VA provider today.
We can help.**

