



Protect the ones you love.

If you live with or take care of others, get a flu shot every year.

Flu shots are *fast, safe, and free.*

Getting a flu shot can:

- ✓ Protect you, your family, and your friends from the flu
- ✓ Prevent severe illness and even death

Get your flu shot here:

www.publichealth.va.gov/InfectionDontPassItOn

